



# GUIDE TO FUN & ADVENTURE

## INDEPENDENCE DAY WEEKEND ACTIVITIES | June 30-July 4

Fri, June 30	Sat, July 1	Sun, July 2	Mon, July 3	Tues, July 4
6a-8p Daily Buzz Brainteasers <i>Grab &amp; Go</i>	6a-8p Daily Buzz Brainteasers <i>Grab &amp; Go</i>	6a-8p Daily Buzz Brainteasers <i>Grab &amp; Go</i>	6a-8p Daily Buzz Brainteasers <i>Grab &amp; Go</i>	6a-8p Daily Buzz Brainteasers <i>Grab &amp; Go</i>
8:30a Aqua Fitness <i>Main Pool</i>	7a Southwest Trekking Guided Hike <i>Meet in Lobby</i>	8:30a Elements Desert Family Hike	8:30a Aqua Fitness <i>Main Pool</i>	11a Pool Yoga <i>Acacia Pool</i>
11-3 Poolside Games	8:30a Yoga <i>Elements Wellness Center</i>	9a-5p El Con Kids Club*	9a-1p El Con Kids Club*	11-5p \$5 Beers & Shots* <i>Colibri</i>
12p Pool Yoga <i>Main Pool</i>	9a-9p El Con Kids Club*	9:30a Tucson Petting Zoo <i>Sundance Lawn</i>	11-5p Poolside DJ & Games	12-6p Poolside DJ & Games
2p Pilates <i>Elements Wellness Center</i>	9:30a Zumba <i>Elements Wellness Center</i>	11-5p Poolside DJ & Games	1-4p Kids Carnival <i>Coronado Room</i>	2:30p Water Workout <i>Acacia Pool</i>
4p Salsa Demo <i>Epazote Patio</i>	10a Bingo <i>Main Pool</i>	11-5p Sentinel Brewery Tap Takeover* <i>Main Pool</i>	4-6p Colibri Social Hour*	4p Core Strength Yoga <i>Elements Wellness Center</i>
4-6p Colibri Social Hour*	11-1p Sungazing <i>Main Courtyard</i>	3-5p Painting Workshop* <i>White Dove</i>	6p Yin Yoga <i>Elements Wellness Center</i>	4-6p Colibri Social Hour*
5-6p Wine Tasting <i>Colibri Lounge</i>	11-5p Poolside DJ & Games	3-6p Poolside Taco Bar*	7p Walking Meditation <i>Elements Wellness Center</i>	4:30-8:30p Shuttle to Naranja Park <i>Leaves every 30 minutes; wristband required</i>
5-9p El Con Kids Club*	12p Cookie Baking* <i>See Concierge for reservations and details</i>	4-6p Colibri Social Hour*	7:30p Pizza, Pajamas & Family Movie Night* <i>Moana Oro Valley Room</i>	6p Native Flute with Larry Redhouse <i>Main Courtyard</i>
6p Native Flute with Larry Redhouse <i>Main Courtyard</i>	3-6p Poolside Taco Bar*	7-8p S'mores* <i>Desert Springs</i>		6:00-8:30p Star Spangled Dinner Buffet* <i>Sundance</i>
6-9p Live Music <i>Colibri Lounge</i>	3-5 Painting Workshop* <i>White Dove</i>	Dusk Dive-In Movie: <i>Zootopia</i>		8:30 p Watch the Fireworks <i>Front Lawn &amp; Sunset Point Refreshments sold</i>
7-8p S'mores* <i>Desert Springs</i>	4-6p Colibri Social Hour*			9:30-10:30p Shuttle from Naranja Park <i>Leaves every 30 minutes; wristband required</i>
Dusk Dive-In Movie: <i>Sing</i>	6p Native Flute with Larry Redhouse <i>Main Courtyard</i>			9:30-11p Dessert Buffet* <i>Main Lobby</i>
	6-9p Live Music <i>Colibri Lounge</i>			
	7-8p S'mores* <i>Desert Springs</i>			
	Dusk Dive-In Movie: <i>Trolls</i>			
	8-10p Stargazing <i>Main Courtyard</i>			

## Resort Dining

**Sundance Café** – Serving casual American cuisine for breakfast and lunch.

Open daily 6am-1:30pm

**Epazote Kitchen & Cocktails** – Whether you're a seasoned connoisseur of Southwest cuisine, or a curious adventurer, you'll be treated to a fresh, inspiring experience every time you walk through our doors.

Open nightly 5-10pm

**Colibri Lobby Lounge** – Sip on one of our signature cocktails while enjoying a selection of gastropub favorites.

Open daily 10am-midnight

Social Hour daily 4-6pm

**Desert Springs Bar & Grill** – Enjoy your favorite beverage and relaxed poolside dining.

Open daily 11am-5pm

**Cookie Baking with the Chef** – Children 6 & up can join our pastry team in the kitchen to make treats the whole family can enjoy! Reservations and closed-toe shoes required.

*See Concierge for details*

**Grab & Go** – For a morning Starbucks, breakfast sandwich or anytime salad or sandwich, try our new lobby outlet for a quick bite, snack or beverage. Wine and beer also available.

Open daily 6am-8pm

**In-Room Dining** – Unwind, relax and enjoy a meal in the comfort and privacy of your room.

Available daily 6am-11pm

## Resort Pools

**Desert Springs Oasis** – With our mild Tucson weather, you can enjoy our Desert Springs Oasis any time of year.

**Daily Hours:**

Main Pool 8am-10pm

Hot & Cold Springs 8am-10pm

Slide Rock 9am-5pm

Shallow Springs 9am-5pm

**Acacia Pool** – Offering a serene retreat from the hustle and bustle of the outside world, our adults-only Acacia Pool offers a quiet, scenic area for guests to relax and unwind.

Open daily 8am-10pm

## Well-Being

### Elements Wellness Center

**Spa Treatments** – Relax and rejuvenate at the Spa and Fitness Center at Elements Wellness Center. Call the spa desk to make a reservation or to inquire about spa treatments and seasonal specials. Offerings include massages, body treatments and energy treatments.

Open daily 8am-7pm

*Call ext. 1260 for more information or to book an appointment.*

### Daily Window to Wellness

Enjoy our many fitness classes to get you started or to continue on a journey to wellness.

*Complimentary with resort fee. Children ages 16-18 years may participate with parental permission; children under age 16 must be accompanied by a parent or guardian. Please remember to bring water, wear a hat and sunscreen and wear appropriate shoes.*

**Fitness Center** – Our state of the art fitness center includes weights and cardio equipment. The fitness center is located in Elements Wellness Center.

*Open daily 24 hours with room key; complimentary with resort fee.*

## Recreation

**Bike Rentals** – Bicycles are available for use for 1 or 2 hours during Elements Wellness Center hours starting at 8am. Last available rental time is 5pm, for return by 7pm.

*2-hour rental complimentary with resort fee.*

**Hiking** – Miles of paths take you through the beautiful high-desert landscape. Plus, there are hiking trails that enter the adjacent national forest.

*See Concierge for maps*

**Horseback Riding** – Enjoy the fresh mountain air and get a real taste of the old West with a trail ride from El Conquistador's newest adventure! With an 18-horse stable located on property, you're just a stroll away from a memorable activity you'll be talking about forever.

*Call 520.989.1219 to book your ride or lesson.*

**Kids Club** – Half day, full day or by the hour, our team has endless activities for guests ages 4-12.

*Call 520.544.1186 for details.*

**Hilton**  
TUCSON EL CONQUISTADOR  
GOLF & TENNIS RESORT